

Week five -- Apr 29 - May 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <i>Must include one serving of each of these three items:</i> <ul style="list-style-type: none"> • Grain/Meat or meat Alternate • Fruit or vegetable • Milk 	Cereal	Bagels w/ Cream Cheese	French Toast sticks	Cinnamon Toast	Yogurt
	Bananas	Pears	Apples	Craisins	Strawberries
	1 % Milk	1 % Milk	1 % Milk	1 % Milk	1 % Milk
Lunch <i>Must include one serving of each of these five items:</i> <ul style="list-style-type: none"> • Meat or meat alternate • Grain • Fruit or vegetable • Vegetable • Milk 	Keitbasa	Beef/Cheese Lasagna	Chicken Strips	Grilled Pepperoni/Cheese Sandwich	Turkey/Cheese Sandwich
	Bread/Butter	(Lasagna Noodles)	Tator Tots	Quesdilla	Bread
	Applesauce	Mand. Oranges	peaches	Pineapple	Oranges
	Baked Beans	Corn	Green Beans	Carrot sticks	Celery
	1 % Milk	1 % Milk	1 % Milk	1 % Milk	1 % Milk
Snack <i>Must include one serving of two items in the following list:</i> <ul style="list-style-type: none"> • Milk • Grain • Vegetable • Fruit /Juice • Meat or meat alternate 	Pretzels	Oyster Crackers	Tortilla Chips	1% Milk Vanilla Wafers	Graham Crackers
	String Cheese	Peppers	Salsa		Craisins

Water is available at all meals. At breakfast and lunch, it will be available after the milk is served. For snack, if no beverage is listed, water will be offered with the snack.

Note about our meats: All beef and poultry are cooked from fresh on-site. Pork, fish and luncheon meat products may be pre-cooked.
 Meat alternates include items such as eggs, cheese, yogurt, or dry cooked beans.

Week six -- May 6-10	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast</p> <p><i>Must include one serving of each of these three items:</i></p> <ul style="list-style-type: none"> • Grain/Meat or meat Alternate • Fruit or vegetable • Milk 	Graham Crackers	Cereal	Waffles	Englsh Muffins	Yogurt
	Craisins	Apples	Applesauce	Bananas	Strawberries
	1 % Milk	1 % Milk	1 % Milk	1 % Milk	1 % Milk
<p>Lunch</p> <p><i>Must include one serving of each of these five items:</i></p> <ul style="list-style-type: none"> • Meat or meat alternate • Grain • Fruit or vegetable • Vegetable • Milk 	Pepperoni Rice-A-Roni	Chicken Enchilda Bake	Sloppy Joes	Tator Tot Beef Casserole	Salami and Cheese rollup
	Rice	(tortilla shell)	(Bun)	Tator Tots	(tortilla shell)
	Peaches	Pears	Melon	Green Beans	Oranges
	Peas	Corn	Mixed Vegetables	Pineapple	Pickles
	1 % Milk	1 % Milk	1 % Milk	1 % Milk	1 % Milk
<p>Snack</p> <p><i>Must include one serving of two items in the following list:</i></p> <ul style="list-style-type: none"> • Milk • Grain • Vegetable • Fruit /Juice • Meat or meat alternate 	Trail Mix	Veggie Straws	ritz	Cinnamon Pretzels	1 % Milk
	Raisins	Cucumbers	Cheese Slices	Juice	Granola Bars

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Week seven May 13-17	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast</p> <p><i>Must include one serving of each of these three items:</i></p> <ul style="list-style-type: none"> • Grain/Meat or meat Alternate • Fruit or vegetable • Milk 	<p>Ham</p> <p>Cheesy Potatoes</p> <p>1 % Milk</p>	<p>Toast w/ Jelly</p> <p>Raisins</p> <p>1 % Milk</p>	<p>Yogurt</p> <p>Peaches</p> <p>1 % Milk</p>	<p>Sausage Gravy over toast</p> <p>Apples</p> <p>1 % Milk</p>	<p>Cereal</p> <p>Bananas</p> <p>1 % Milk</p>
<p>Lunch</p> <p><i>Must include one serving of each of these five items:</i></p> <ul style="list-style-type: none"> • Meat or meat alternate • Grain • Fruit or vegetable • Vegetable • Milk 	<p>Pepperoni Pizza</p> <p>Pizza Crust</p> <p>Apples</p> <p>Green Beans</p> <p>1 % Milk</p>	<p>Grilled Cheese Sandwiches</p> <p>Bread</p> <p>Apples</p> <p>Tomato Soup</p> <p>1 % Milk</p>	<p>Beef Rice Taco bake</p> <p>(Rice)</p> <p>Mand. Oranges</p> <p>Corn</p> <p>1 % Milk</p>	<p>Chicken Stir Fry</p> <p>(Rice)</p> <p>Pears</p> <p>Stir Fry vegetables</p> <p>1 % Milk</p>	<p>Turkey/Cheese Quesdilla</p> <p>(Tortilla Shell)</p> <p>Grapes</p> <p>Pickles</p> <p>1 % Milk</p>
<p>Snack</p> <p><i>Must include one serving of two items in the following list:</i></p> <ul style="list-style-type: none"> • Milk • Grain • Vegetable • Fruit / Juice • Meat or meat alternate 	<p>Chex Mix</p> <p>Juice</p>	<p>Pretzels</p> <p>Cheese</p>	<p>Ritz</p> <p>Pepperoni</p>	<p>1% Milk</p> <p>Animal Crackers</p>	<p>Goldfish</p> <p>Cucumbers</p>

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Week Eight -- May 20-24	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast</p> <p><i>Must include one serving of each of these three items:</i></p> <ul style="list-style-type: none"> • Grain/Meat or meat Alternate • Fruit or vegetable • Milk 	<p>Yogurt</p> <p>Blueberries</p> <p>1 % Milk</p>	<p>Sausage</p> <p>Hashbrowns</p> <p>1 % Milk</p>	<p>Scrambled Eggs</p> <p>Pears</p> <p>1 % Milk</p>	<p>Applesauce Bars</p> <p>Craisins</p> <p>1 % Milk</p>	<p>Graham Crackers</p> <p>Bananas</p> <p>1 % Milk</p>
<p>Lunch</p> <p><i>Must include one serving of each of these five items:</i></p> <ul style="list-style-type: none"> • Meat or meat alternate • Grain • Fruit or vegetable • Vegetable • Milk 	<p>Pulled Pork Sandwich</p> <p>Bun</p> <p>Peaches</p> <p>Corn</p> <p>1 % Milk</p>	<p>Beef Spaghetti</p> <p>(Spaghetti Noodles)</p> <p>Cantaloupe</p> <p>Green Beans</p> <p>1 % Milk</p>	<p>Cheese Quesdilla</p> <p>(Tortilla Shell)</p> <p>Pineapple</p> <p>Mix Veggies</p> <p>1 % Milk</p>	<p>Chicken Noodle Soup</p> <p>(Noodles) Oyster Crackers</p> <p>Mixed Fruit</p> <p>Carrots</p> <p>1 % Milk</p>	<p>Salami/Cheese Sandwich</p> <p>(Bread)</p> <p>Apples</p> <p>Cucumbers</p> <p>1 % Milk</p>
<p>Snack</p> <p><i>Must include one serving of two items in the following list:</i></p> <ul style="list-style-type: none"> • Milk • Grain • Vegetable • Fruit / Juice • Meat or meat alternate 	<p>Chex Mix</p> <p>Craisins</p>	<p>Saltines</p> <p>Cheese</p>	<p>1% Milk</p> <p>Granola Bars</p>	<p>Animal Crackers</p> <p>Juice</p>	<p>Nilla Wafers</p> <p>Raisins</p>

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